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| <b>Job title:</b>     | Senior Academy Physiotherapist (U21s)                                                                                                                                                                                                                           |
| <b>Employer:</b>      | Cardiff City Football Club                                                                                                                                                                                                                                      |
| <b>Location:</b>      | Cardiff City Academy, Cardiff City Stadium, Leckwith Stadium, The Vale Resort                                                                                                                                                                                   |
| <b>Contract:</b>      | Full Time, Permanent                                                                                                                                                                                                                                            |
| <b>Salary:</b>        | Competitive and dependant on experience <ul style="list-style-type: none"> <li>• Auto-enrolment into the Club's pension scheme (depending on eligibility)</li> <li>• Club discounts and offers</li> <li>• 20 days annual leave entitlement per annum</li> </ul> |
| <b>Hours of Work:</b> | 40 hours per week on a flexible basis to include evening and weekend working                                                                                                                                                                                    |
| <b>Department:</b>    | Academy                                                                                                                                                                                                                                                         |
| <b>Reporting to:</b>  | Academy Manager<br>Head of Academy Medical<br>Head of Academy Performance                                                                                                                                                                                       |

| <b>Job purpose</b>                                                                                                                                                                                                                             |
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| Develop, implement and manage the Physiotherapy provision for the U21s team, by adopting a player centred approach in all decision making and playing an integral role in a multi-disciplinary approach to player development and progression. |

| <b>Main duties</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
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| <ul style="list-style-type: none"> <li>• Co-ordinate and lead the physiotherapy/medical services for the U21s team.</li> <li>• Assist with the provision of physiotherapy/medical services throughout the wider academy.</li> <li>• Work with the wider multi-disciplinary team (MDT) in the development, organisation and implementation of treatment, pre-habilitation and rehabilitation programmes for all academy players.</li> <li>• Work with the wider MDT to provide a continual evaluation of individual development plans, reviewing and amending in line with the 6-week review process.</li> <li>• Support a holistic approach to player development.</li> <li>• Provide emergency field of play cover during U21s training sessions and be willing to cover with other squads where required.</li> <li>• To be responsible for accompanying the U21s squad on match days (home &amp; away) and any additional academy games when necessary, as directed by the Head of Academy Medical. This would include the pre-match medical preparation, the provision of on-field first aid and treatment, and post-match medical recovery.</li> <li>• Accompany players to any emergency medical treatment that may be required post training or games, and to accompany players to any planned consultant appointments.</li> <li>• Ensure all medical notes are documented on the KML FiP and comply with CSP and HPC standards, and that all data is stored and shared in accordance with GDPR.</li> <li>• To be responsible for completing a thorough audit process including 6 weekly and end of coaching phase audits. Use this information to reflect, track and monitor trends to provide interventions to improve player availability and feedback to MDT.</li> <li>• Compile weekly feedback and updates of injured players in the U21s team to deliver to the MDT.</li> </ul> |

- Assist the Head of Academy Medical or Head of Academy Performance with the co-ordination of mandatory medical screening programmes (cardiological and orthopaedic).
- Ensure that all medical Equipment is in full working order and is at the appropriate venues.
- Ensure that the medical rooms at all venues are clean/tidy and comply with all Health and Safety regulations.
- Assist in medical supplies procurement and to maintain relevant stock levels.
- Influence decision making and enhance the program by maintaining regular communication with the Coaching staff, Head of Academy Medical, Head of Academy Performance, Academy Doctor, Academy Medical Department, Sports Science Department.
- Communicate effectively with players and parents regarding injury status and the rehabilitation process.
- To help organise and deliver CPD/medical/health education programmes for players, coaches and medical staff
- Keep up to date with new techniques, research and technologies and undertake personal CPD as appropriate to meet the demands of the role and professional body.
- Attend all meetings, briefings, courses, in-service training days and seminars as required by the club and YD rules.
- Adhere to a strict code of confidentiality in respect of any information relating to Cardiff City Football Club and its operation.
- Ensure compliance with Cardiff City Football Club's Safeguarding (Child Protection), Health and Safety and Equal Opportunity procedures and practice.
- Uphold the Club's Vision and Values.
- Any other task deemed relevant and appropriate by the Head of Medical or Academy Manager or Head of Academy Performance.

### **Person Specification**

|                       | <b>Essential</b>                                                                                                                                                                                                                    | <b>Desirable</b>                                                                                                                                                                                                        |
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| <b>Qualifications</b> | <ul style="list-style-type: none"> <li>- A minimum BSc (Hons) degree in Physiotherapy</li> <li>- A member of the CSP</li> <li>-A member the HCPC</li> <li>- An ATMMIF or equivalent sports trauma qualification</li> </ul>          | <ul style="list-style-type: none"> <li>-A postgraduate degree in Sports Physiotherapy or equivalent</li> </ul>                                                                                                          |
| <b>Experience</b>     | <ul style="list-style-type: none"> <li>- Minimum of 3 years' experience of working in an MSK environment.</li> <li>-Experience working as part of an elite sporting multidisciplinary team.</li> </ul>                              | <ul style="list-style-type: none"> <li>-Experience and knowledge of the football environment</li> <li>-Experience working with Sports Science/GPS systems/technology.</li> </ul>                                        |
| <b>Knowledge</b>      | <ul style="list-style-type: none"> <li>-Organised in planning, preparation and execution of advanced treatment and rehabilitation programs</li> <li>-Demonstrable competency in administration, analysis, and evaluation</li> </ul> | <ul style="list-style-type: none"> <li>- Ability to work and utilise relevant technology (GPS, Force Plates, etc)</li> <li>- Functional IT skills in relevant software (Microsoft Office, PMA, GPS Software)</li> </ul> |

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|                 | <ul style="list-style-type: none"> <li>- Ability to deliver information to players and staff through a variety of means on and off the field</li> </ul>                                                                                                                                                                                                   |                                                                                     |
| <b>Skills</b>   | <ul style="list-style-type: none"> <li>-Adaptability to be effective in a dynamic, fast-paced environment</li> <li>-Strong communication skills in a variety of settings</li> <li>-Ability to work as part of a broader multidisciplinary team</li> <li>- Open-minded approach to adopting best-practice and current evidence-based approaches</li> </ul> | -Self-awareness and reflective skills as part of a professional development process |
| <b>Attitude</b> | <ul style="list-style-type: none"> <li>-Passionate and hardworking and someone who embraces our 'WeNotMe' ethos.</li> <li>-Proactive 'can-do' approach to work and those around them</li> <li>-Self-motivated within a team and capable of motivating those around them</li> </ul>                                                                        |                                                                                     |

### **Equality Statement**

Cardiff City Football Club promotes equal opportunities in employment we positively welcome applications from all candidates regardless of age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex, and sexual orientation.

### **Safer Recruitment**

Cardiff City Football Club operates a 'safer recruitment policy' and is committed to safeguarding and promoting the welfare of children and adults at risk and expects all staff and volunteers to share this commitment. All appropriate reference checks and Enhanced Level Disclosure and Barring Service (DBS) checks form a significant part of this recruitment process.

### **How to Apply?**

If you are interested in this position, please complete a club application form which can be found at <https://www.cardiffcityfc.co.uk/club/club-vacancies>, along with a CV and send to [advert@myjobvacancies.so.uk](mailto:advert@myjobvacancies.so.uk) via email "**Senior Academy Physiotherapist**" as the subject.

The closing date for receipt of completed application forms is **5pm Thursday 10<sup>th</sup> September with interviews scheduled for Wednesday 16<sup>th</sup> September**