

MAKING EVERY



CONTACT COUNT



CHILD FRIENDLY SAFEGUARDING

— POLICY & PROCEDURE —

**KEEPING
YOU SAFE**

At Cardiff City





Cardiff City Football Club Child Friendly Safeguarding Policy

Our belief

- All the adults around you think your health, safety and welfare are very important.
- At our Club we respect all children (those Under 18) and adults (those over 18) and help to protect their rights.
- All children have equal rights to protection – regardless of gender, race, age, ethnicity, ability, sexual orientation and religious or political beliefs.

Our aim

- We aim to keep all children safe and provide a safe environment for you and every child on our activities where you will be treated fairly and free from harm, discrimination or bullying.

What is safeguarding?

Safeguarding is about keeping all children, including you, safe.

It is also taking action to protect a child if he/she is being hurt (or may be hurt in the near future) – this is known as 'child protection'.

We may see and hear things, or you may tell us something and we will need to take action.

You

To keep everyone safe, you are expected to:

- Listen and follow instructions
- Be nice and support others
- Take responsibility for your actions
- Ask for help when you need it
- Respect other children and adults
- Accept difference and value diversity
- Tell us what you like and don't like
- Not bully others, be rude or discriminate



If you need to talk, we will listen

It is important to know where to get help if you are worried or unhappy about something or someone.

- You can talk to any coach or adult looking after you
- You can talk to a member of our Safeguarding Team on **07872 147351**
- You can tell a friend and then go with your friend to tell an adult
- You can contact **CHILDLINE** anytime (24 hours) – calls are free and confidential **0800 11 11**

Don't bottle it up - speak up if someone is:

- Bullying you or saying things to you that you don't like or upsets you
- Sending nasty messages on social media or your phone
- Threatening to send embarrassing photos of you to others or asking for money/favours*
- Touching you in ways you do not like (know the NSPCC Underwear Rule)*
- Trying to give you tablets, cigarettes, drugs or alcohol*
- Hitting or hurting you OR threatening to harm you, your family or friends*

* We can't keep secrets. If we need to protect you or someone else from harm, then we will need to tell others who can help.

If this stops you speaking up – please call **CHILDLINE** on **0800 11 11**

"SPEAK UP, SPEAK OUT! WE'RE HERE TO LISTEN"

Email: safeguarding@cardiffcityfc.co.uk





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www.cardiffcityfc.co.uk/club/safeguarding